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Maura J. Rossman, M.D., LHIC Co-Chair
 Health Officer, Howard County Health Department

Steven C. Snelgrove, LHIC Co-Chair
 President, Johns Hopkins Medicine Howard County General Hospital

Howard County Local Health Improvement Coalition

Healthy Aging Work Group Meeting
 March 20, 2017 2:45-4:15 p.m.
 HCHD Barton A Conference Room

Minutes

Members Present:

Jillian Anderson, HC General Hospital
 Jennifer Asher, HC Commission on Aging
 Courtney Barkley, HC Office on Aging and Ind.
 Renee Bitner, HC Health Department
 Patricia Dugan, Columbia Association
 Manuel Evangelista, AAA Physical Therapy
 Bruce Fulton, Neighbor Ride
 Jill Kamenetz, HC DCRS

Elizabeth Menachery, HC Health Department
 Andrew Monjan, Transition Howard County
 Tracy Novak, HC General Hospital
 Max Pettis, ALFA Specialty Pharmacy
 Cindi Rogers, Winter Growth
 Charles Smith, HC DCRS
 Sharonlee Vogel, HC Commission on Aging

Guests Present:

Lisa Habour-Carter, Community Member

Staff Present:

Kelly Kesler, HCLHIC Program Director

Topic/Agenda	Discussion	Action/Follow-up
Welcome and Introductions	Renee Bitner called the meeting to order at 2:48p.m. Participants and guests introduced themselves.	
Approval of Minutes and Announcements	Renee Bitner provided a re-cap from the February 27, 2016 meeting and asked for any corrections to the minutes from that meeting. A motion to accept the minutes as written was made by Sharonlee Vogel and seconded by Jill Kamenetz. Group members shared brief announcements.	Minutes from the previous meeting will be available one week prior to the next meeting date at http://www.hclhic.org/membership/meeting-portal . Group members are encouraged to provide event information for inclusion on the LHIC website and to visit the site for information on upcoming Healthy Aging Events: http://www.hclhic.org/news-events/lhic-and-partner-events/month.calendar/ . To request an event be added to the HCLHIC Community

		<p>calendar contact Kelly Kesler at kkesler@howardcountymd.gov</p> <p>Manuel Evangelista shared that the HCLHIC has been invited to be a guest for the May 25th podcast AAA Physical Therapy will be doing with Howard Community College.</p> <p>Patricia Dugan shared that there will be a Timebank Skills Share Fair on March 25, 2017 from 1-3pm at The Barn in Oakland Mills. For more information visit: http://www.transitionhoco.org/</p> <p>Elizabeth Menachery shared details about the Health Department's National Public Health Week event at the Columbia Mall on April 1, 2017.</p>
New Business:	<p>Kelly Kesler presented a funding opportunity available through the Alzheimer's Association.</p> <p>Manuel Evangelista indicated the possibility of collaborating on the program through an event he is planning for April 18, 2017 and another in May, 2017.</p> <p>Patricia Dugan indicated that she would reach out to Bridgeway Community Church to gauge interest in collaborating.</p> <p>Elizabeth Menachery suggested offering a session immediately following the May 12th Wellness U event and HCLHIC educational session.</p> <p>Bruce Fulton suggested investigating additional funding opportunities through organizations such as AARP.</p>	<p>The work group discussed concerns about the short timeline to implement the proposed financial and legal educational sessions.</p> <p>Sharonlee Vogel motioned that the Healthy Aging work group apply for the grant opportunity. The motion was seconded by Andrew Monjan.</p>
Delegate's Report	<p>Courtney Barkley provided an update on the FY17 Healthy Aging Educational Sessions Action Item. A Planning for the Future Educational Session will be held during the HC Department of Community Resources and Services Wellness "U" Event</p>	<p>Work Group members were asked to commit to promoting the HCLHIC Planning for the Future Educational Session being held as part of May 12th Wellness U program. Courtney Barkley will provide marketing materials as soon as they are available.</p> <ul style="list-style-type: none"> • AAA Physical Therapy will post on their

	<p>Friday, May 12, 2018 from 9-2pm at the Ellicott City 50+ Center and highlighted as a part of Older Americans Month.</p> <p>Group members suggested making educational events available in translated formats, especially in Korean, if possible.</p> <p>Courtney Barkley provided an update on feedback from work group on FY 17 Action Item: Planning for the Future Checklist. The group provided additional feedback. Work Group members discussed aspects of the checklist as they pertained to the target audiences to be reached with the planning checklist.</p> <p>The “911 Card” and Planning for the Future Educational File were discussed. Group members suggested making tools available in translated formats if possible.</p> <p>Renee Bitner and Kelly Kesler discussed the purpose of HCLHIC Healthy Aging table at selected community events:</p> <ul style="list-style-type: none"> • Inform about HCLHIC and Healthy Aging Priority • Planning for the Future Education <p>Group members discussed strategies for engaging participants at events such as trivia games with a spinning wheel, etc.</p>	<p>calendar of events and promote on their podcast.</p> <ul style="list-style-type: none"> • Winter Growth will include in their monthly mailing. • Columbia Association will link to the OOAI from website and to email to Time Banking members • HCGH will share with the Community Care Team to promote and will promote at the 3/29/17 Wellness Screening event if materials are available • Neighborrside will send out via email to constituents • AERS Nurses will promote during home visits • Karen Basinger will contact Roving Radish to see if they are interested in attending the May 12th event. • Karen Basinger suggested reaching out to Meals on Wheels to see if they would include a flyer for the event in their delivery. The HCLHIC will follow-up on this once they have started in their position. • Lisa Harbour-Carter volunteered to assist with the HCLHIC Healthy Aging table at the May 12th educational session. <p>HCLHIC members interested in volunteering for educational events may contact Kelly Kesler at kkesler@howardcountymd.gov.</p> <p>Kelly Kesler will revise and re-send the Planning for the Future Checklist with suggested feedback.</p> <p>Charles Smith will do a small focus test with individuals at 50+ Centers once the revised document is prepared.</p> <p>Kelly Kesler will work with Delegates to finalize outreach activity trivia questions.</p>
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Wrap Up and Adjournment	The full work group meeting was adjourned at 4:08 p.m.	
Action Group Meeting:	<p>The Wellness Matters “U”- HCLHIC Planning for the Future Educational Session action group met to discuss progress toward completion of this FY 2017 Action Item immediately following the full work group meeting. Members in attendance included: Jennifer Asher, Courtney Barkley, Renee Bitner, Manuel Evangelista, Bruce Fulton, Kelly Kesler, Andrew Monjan, and Elizabeth Menachery.</p> <p>The action group discussed the intent of the evaluation for the event. The action group determined that the primary purpose of the tool is to gauge topics of interest and preferred modalities for future sessions.</p> <p>The action group determined that the evaluation will be given to members at the beginning of the session so it can be completed throughout.</p> <p>Behavior changes resulting from participation in future educational sessions will be discussed as they relate to evaluations and goals for future educational sessions.</p>	Kelly Kesler will revise the evaluation tool and send to the group. Questions will be reordered and participants will be asked to provide their zip code.
Wrap Up and Adjournment	The meeting was adjourned at 4:30 pm.	

Work Group

May 22, 2017 2:45-4:15 pm Barton A

FULL LHIC

April 27, 2017 8:30-10:30 am

June 22, 2017 8:30-10:30 am

September 28, 2017 8:30-10:30 am *Please note this is a revised date

Respectfully submitted by
 Kelly L. Kesler, M.S., C.H.E.S.
 Director, Howard County Local Health Improvement Coalition